#### HONG KONG COLLEGE OF RADIOLOGISTS

# **Higher Training (Radiology)**

# **Subspecialty Training in Vascular & Interventional Radiology**

[This document should be read in conjunction with **the General Guidelines on Higher Training (Radiology)**]

#### 1. INTRODUCTION

- 1.1 The training should cover both common aspects of angiographic and interventional radiological procedures.
- 1.2 Vascular & interventional radiology (IR) involves diagnostic as well as therapeutic procedures. Its minimally invasive nature with inherent risks and benefits to patient should be appreciated. Emphasis is placed on clinical indications, patient safety, technical competence & patient management. Attention to radiation safety should be made with prolonged fluoroscopic time. A high degree of alertness should be exercised to avoid or minimize possible complications. Correct decision-making could only be learned through appropriate training, close supervision/guidance and practical hands-on experience.
- 1.3 The program is listed under Category A of Higher Training by the Hong Kong College of Radiologists.

#### 2. OBJECTIVES

## 2.1 General objectives

- 2.1.1 To understand broad surgical principles and the use of aseptic techniques associated with IR procedures;
- 2.1.2 To have in-depth understanding of indications and contraindications for standard IR procedures;
- 2.1.3 To be able to evaluate IR procedures with respect to other imaging diagnosis and clinical management options;
- 2.1.4 To be able to set priorities in time-critical management strategies;
- 2.1.5 To be aware of the practice of informed consent and medico-legal implications of IR procedures;
- 2.1.6 To understand cost and cost-effectiveness related to IR procedures;
- 2.1.7 To understand the importance of radiation protection as applied to IR procedures.
- 2.1.8 To understand the concept and practice of conscious sedation, and the Hong Kong Academy of Medicine Guidelines on Procedural Sedation.

## 2.2 Procedure-related objectives

- 2.2.1 To have exposure to a wide spectrum of angiography, venography, vascular and non-vascular interventional procedures;
- 2.2.2 To show competence in use of non-invasive vascular imaging methods for planning of vascular interventional radiology procedures;
- 2.2.3 To show competence in performing standard IR procedures independently (e.g. diagnostic angiography, image-guided biopsies and image-guided drainage procedures), particularly during on-call scenario;
- 2.2.4 To be familiar with commonly used drugs, drugs used in conscious sedation, patient monitoring equipment and resuscitation procedures;
- 2.2.5 To know proper handling, use and deployment of common IR devices and accessories;
- 2.2.6 To be able to advice on patient preparation and post-procedural care;
- 2.2.7 To be able to write up procedural record and to interpret and report on results of examination / procedure being performed;
- 2.2.8 To have an understanding of potential complications and proper method of managing complications.
- 2.2.9 Pre-procedural counselling to patient and relatives in a clinic setting is desirable, especially for newly-introduced procedures and high risk procedures.

#### 3. TRAINING REQUIREMENTS

# 3.1 TRAINING CENTRE REQUIREMENTS

- 3.1.1 The training centre must be equipped with CT, ultrasound, fluoroscopy and DSA facilities.
- 3.1.2 A comprehensive stock of medical devices for IR must be available. This may be in-house stock as consignment to the department, or be readily available from supplier's store in a reasonably short time interval, which does not affect the management of patients. Common medical devices for urgent intervention must be available.
- 3.1.3 Appropriate drugs, patient-monitoring equipment, resuscitation facilities must be available in procedure rooms.
- 3.1.4 Scrub up facilities must be available.
- 3.1.5 24-hr. emergency resuscitation, medical and surgical teams must be available.
- 3.1.6 24-hr. on-call IR service must be available.

## 3.2 TRAINER AND SUPERVISION REQUIREMENT

#### 3.2.1 Trainer requirement

The trainer requirement is specified in the General Guidelines on Higher Training (Radiology).

#### 3.2.2 Supervision requirement

The trainee may participate in the procedure as an observer, an assistant operator, operator under direct supervision and operator under indirect supervision.

For Basic examination performed independently, the trainee must have fulfilled the following requirements.

- (i) At least 50 numbers of basic level procedure should be performed under direct supervision.
- (ii) The supervisor and the training head should feel satisfied about the safety profile and competency of the trainee in subsequent procedures.
- (iii) A trainer must be available to provide necessary guidance.

#### 3.3 DURATION OF TRAINING

- 3.3.1 In order to achieve adequate coverage of the subject and exposure to a wide spectrum of procedures and disease processes, a training program of 6 months duration is desirable.
- 3.3.2 For those who wish to gain some insight into IR, a training program of 3 months duration is acceptable and specific minimum number of examinations requirement would be reduced by 50%. In this circumstance, special attention should be paid by trainers to ensure trainees are not performing high risk procedures without achieving adequate competence.

#### 3.4 DUTY SESSIONS

- 3.4.1 Five or more service sessions weekly specific for the subspecialty are required.
- 3.4.2 Trainees should attend to emergency IR procedures during on-call duties.

### 3.5 <u>MINIMUM NUMBER OF EXAMINATIONS REQUIRED</u>

- 3.5.1 In a 6-month training period, a trainee is expected to have:
  - (a) Performed not less than 150 numbers of basic level examinations, which include at least 50 nonvascular and 50 vascular examinations. \*
  - (b) At least 25 nonvascular and 25 vascular examinations should be performed under direct supervision.
  - (c) Assist or perform not less than 80 numbers of advanced level examinations, which include at least 30 nonvascular and 30 vascular examinations. \*
  - (d) All performed advanced level examinations should be performed under direct supervision.
  - (e) Observed at least 2 sessions of surgical or laparoscopic operations (Optional).
  - (f) Observed at least 2 sessions of interventional endoscopy (Optional).

- (g) Performed post-procedural ward follow up within 24 hours for at least 20 patients in advanced level\*[See appendix 1]. It should be recorded in the training logbook.
- (h) To report on 12 CT angiogram or MR angiogram.
- 3.5.2 The trainee should be able to complete the minimal required number of basic examination in his/her own centre. For advanced case, arrangement to observe, assist and operate in the other recognized Higher Training Centre in Hong Kong is allowed, especially when there is a deficiency in certain specialized area of Vascular and IR in his/her own centre. This should be clearly recorded in the training record.
- 3.5.3 \*Definition of skill levels:

Although there is wide variability in the technical and clinical complexity of individual interventional procedures including the associated risks depending on patient factor, for training purpose broad categorization is still possible.

- 3.5.3.1 Basic level procedures

  This includes those relatively low risk procedures that are expected to be achievable by most trainees: and those angiographic or interventional
  - achievable by most trainees; and those angiographic or interventional procedures with lower risk involved.
- 3.5.3.2 Advanced level procedures

  This includes those technically demanding procedures, with likely risk for those who are not familiar with the procedures, or with possible serious risks even if performed by experience personnel.
- 3.5.4 To facilitate use of Radiology Information System to track procedures performed, workload codes would be employed. Only codes listed within the table to reflect more common or standard procedures will be counted for training purpose.

Procedures	RIS Workload Codes
Basic	6102 Aortogram
examinations	6103 Pelvic arteriogram
	6104 Peripheral arteriogram
	6107 Subclavian arteriogram
	6108 Coeliac arteriogram
	6109 Superior mesenteric arteriogram
	6110 Inferior mesenteric arteriogram
	6111 Renal arteriogram
	6134 Both lower limbs angiogram – bolus chase
	6202 Jugular venogram
	6203 Pulmonary angiogram
	6204 SVC/subclavian venogram
	6205 IVC venogram
	6206 Renal venogram
	6208 Gonadal venogram
	6209 Direct portography
	6210 TIPSogram

Procedures	RIS Workload Codes		
	6211 Peripheral venogram		
	6212 Dialysis fistulogram		
	7103 – 7107 Image-guided fine needle aspiration or biopsy		
	7108 – 7109 Image-guided drainage		
	7206 Revision of biliary catheter		
	7209 Biliary manometry		
	7299 Others e.g. plug liver biopsy tract		
	7308 Ureteric catheter revision		

Procedures	RIS Workload Codes
Advanced	2401 Lymphogram
examinations	6105 Cerebral arteriogram
	6106 Vertebral arteriogram
	6113 Spinal arteriogram
	6114 Bronchial arteriogram
	6117 Laser angioplasty/rotablation, not PTCA
	6301 Embolisation, chemoembolisation, Radioembolisation,
	Lipiodol angiogram
	6301.AV Portal vein embolization for hepatectomy
	6302 Percutaneous transluminal angioplasty
	6303 Vascular stenting
	6304 Thrombectomy
	6305 Thrombolysis
	6306 Intravascular foreign body retrieval
	6307 Venous sampling
	6308 IVC filter placement
	6309 Central venous catheter placement
	6310 Transjugular intrahepatic portosystemic shunt (TIPS)
	6311 Neurointervention
	6312 Aortic fenestration (inclusive of all necessary stenting)
	6313 Stent graft for aorta
	6316 Percutaneous vascular lesion ablation (transarterial or transvenous)
	6325 Stripping of fibrosis sheath for perm catheter
	7201 Percutaneous transhepatic cholangiogram
	7202 Percutaneous transhepatic biliary drainage
	7203 Biliary endoprosthesis insertion / biliary internalisation
	Biliary stenting (insertion or extraction)
	7204 Biliary tract dilatation >14 Fr
	7205 Biliary tract extraction >20 Fr
	7207 Percutaneous cholecystostomy
	7208 Trans-jugular liver biopsy
	7301 Percutaneous antegrade pyelogram
	7302 Percutaneous nephrostomy
	7303 Percutaneous cystostomy
	7304 Ureteric stenting

Procedures	RIS Workload Codes			
	7306 Percutaneous nephrolithotomy			
	7310 Recannalisation of Fallopian tubes			
	7402 GI tract dilatation			
	7403 GI tract stenting			
	7404 GI tract diversion			
	7406 Gastrostomy			
	7501 Tracheal and bronchial stent			
	7502 (Except 7502.VM) Ablation of tumours etc.			
	7502.VM Percutaneous ablation of vascular malformation (direct			
	puncture)			
	7503 Facet joint injection (1 set per joint)			
	7509 Extraction of stone or foreign body, non specified			
	7510 Percutaneous vertebroplasty / cementoplasty/ kyphoplasty			
	7511 Percutaneous bone biopsy exclusive from 7103-7107			
	7512 Radiofrequency ablation of tumor (include microwave			
	ablation, cryoablation, IRE)			

Procedures	RIS Workload Codes	
Others	Record any special procedures not included	

- 3.5.5 Trainees should have performed at least 6 hands-on emergency procedures in the presence of a trainer during on-call sessions (i.e. after normal working hours) to gain experience in patient management under this setting. Specifically, on-call attendance should be recorded as appendix in training logbook with details of cases performed.
- 3.5.6 Trainees are encouraged to attend hands-on workshop organised by local and international interventional radiology societies and institutions during the 2-year higher training period, which will provide a more comprehensive learning of IR skill.
- 3.6 CLINICAL RADIOLOGICAL CONFERENCES AND OTHER MEETINGS

Chaired and/or present in at least 12 CRC on IR cases.

## 3.7 PRESENTATIONS AND PUBLICATIONS

Please refer to the General Guidelines on Higher Training (Radiology).

#### 3.8 OTHER REQUIREMENTS

3.8.1 For documentation of training, the attached forms should be completed and attached to the training logbook for assessment.

Last version endorsed by HKAM Council Meeting on 17 November 2011 and effective from 1 July 2012 Revised version endorsed by HKAM Council Meeting on 20 October 2016 and effective from 1 July 2017

# APPENDIX I

# **Record for Post IR Case Follow Up**

HN number:

IR procedure and RIS codes:

Clinical indication:

Clinical result:

Complications and how to deal with (both intra-procedural & on follow up)

Possible follow up imaging and subsequent IR procedures.

# **Training Assessment Form (Appendix 2)**

	Adequate	Inadequate
IR Technical Competency		
IR Knowledge (including IR principles, IR procedures,		
indications and contraindications, cost and cost-		
effectiveness of IR procedures)		
Safety (Prevention and Management for complications)		
Patient Communication (e.g. informed consent)		
Patient Care (Preparation, intra-procedural patient		
monitoring and post-procedural care)		
Procedural Record and Report		
Use of Drugs in IR including sedation, resuscitation		

Additional Comment from Trainer:		

# **VASCULAR AND INTERVENTIONAL RADIOLOGY**

#### TRAINING REPORT FORM AT 3 MONTHS

Name of trainee: Name of trainer: Name of co-trainer: Trainer: trainee ratio:

Period of training with dates:

	Expected	Actual (Non vascular)	Actual (Vascular)
Duration of training	3 months		
Sessions of IR per week	5 or more		
No. of Basic examinations performed.	75		
No. of Basic examinations performed under direct supervision.	50		
No. of Advanced examinations observed.	any		
No. of Advanced examinations assisted or performed (all performed procedure should be under direct supervision).	40		

RIS examination codes for Basic examinations

Vascular: 6102, 6103, 6104, 6107, 6108, 6109, 6110, 6111, 6134, 6202, 6203, 6204,

6205, 6206, 6208, 6209, 6210, 6211, 6212

Nonvascular: 7103-7107, 7108-7109, 7206, 7209, 7299, 7308

## **VASCULAR AND INTERVENTIONAL RADIOLOGY**

#### TRAINING REPORT FORM AT 6 MONTHS

Name of trainee: Name of trainer: Name of co-trainer: Trainer: trainee ratio:

Period of training with dates:

	Expected	Actual (Non vascular)	Actual (Vascular)
Duration of training	6 months		
Sessions of IR per week	5 or more		
No. of basic examinations performed.	150		
No. of Basic examinations performed under direct supervision.	50		
No. of Advanced examinations observed.	any		
No. of Advanced examinations assisted or performed (all performed procedure should be under direct supervision).	80		

RIS examination codes for Advanced examinations

Vascular: 2401, 6105, 6106, 6113, 6114, 6117, 6301, 6301.AV, 6302, 6303, 6304, 6305, 6306, 6307, 6308, 6309, 6310, 6311, 6312, 6313, 6316, 6325

Nonvascular: 7201, 7202, 7203, 7204, 7205, 7207, 7208, 7301, 7302, 7303, 7304, 7306, 7310, 7402, 7403, 7404, 7406, 7501, 7502(except 7502.VM), 7502.VM, 7503, 7509, 7510,

7511, 7512